

CLENPIQ Colonoscopy Prep Procedure After Noon

Bowel Preparation Instructions

The day before your colonoscopy, diet is to consist of CLEAR LIQUIDS ONLY (no solid food).

- Do not consume liquids that are red or purple in color. Do not consume milk products or juices with pulp. Clear liquids include water, black coffee, tea, apple juice, white grape or cranberry juice, lemonade, sports drinks (Gatorade, PowerAde, etc.), clear beef, chicken or vegetable broth, Jell-O, popsicles, frozen sorbet, or Italian ice. Alcoholic beverages are not permitted.
- Clenpiq bowel prep solution can be refrigerated.
- **The evening before your procedure, at 6:00PM:**
 - Consume the first eight (8) ounce bottle of Clenpiq solution followed by five (5) 8-ounce cups of clear liquid. This should be consumed no later than 9:00PM the evening prior to your procedure.
- **The morning of your procedure, at 5:00AM:**
 - Consume the second eight (8) ounce bottle of Clenpiq solution, followed by three (3) 8-ounce cups of clear liquid. This should be consumed by no later than 8:00AM the morning of your procedure.
- You may continue to consume clear liquids until four (4) hours before your procedure time. In all circumstances, consume nothing further by mouth within four (4) hours of your procedure time except for a sip of water for necessary medications.

Contact the on-call Gastroenterologist at 941-262-0400 if any problems arise during the bowel preparation process.

Prep Guide

	Dark and murky
	Brown and murky
	Dark orange and semi-clear
	Light orange and mostly clear
	Yellow and clear

