

Expanding Your Treatment Options

First Physicians Group Prostate Clinic



With 1 in 9 men diagnosed with prostate disease or prostate cancer in their lifetimes, Sarasota Memorial's First Physicians Group now offers an outpatient treatment clinic wholly dedicated to recognizing, evaluating and treating problems of the prostate.

This specialized clinic is led by urologic surgeons, Robert Carey, MD, PhD, FACS, and Daniel Kaplon, MD, FACS along with fellow urologic surgeons Ramsay Kuo, MD and William Fredriksson, MD. The Prostate Clinic delivers expert diagnosis and personalized care with multidisciplinary solutions — including robotic and minimally invasive surgery — for everything from benign prostate enlargement to prostate cancer.

Expert Diagnosis

Effective treatment begins with an accurate diagnosis, and every patient reporting or presenting with prostate concerns begins care at The Prostate Clinic with a thorough evaluation, utilizing any number of the tests and technology available at the clinic. These may include:

- ▶ Physical examination and digital rectal examination (DRE)
- ▶ Prostate Specific Antigen (PSA)
- ▶ Mid-stream urine tests
- ▶ Prostate Ultrasound
- ▶ Multiparametric 3T MRI of the Prostate
- ▶ MRI fusion biopsy

Individualized Treatment

After a diagnosis has been made, our multidisciplinary team of specialists and surgeons works with the patient to find the treatment path most effective for them and their unique health. Diagnoses typically fall into three categories, all of which can be treated in a comprehensive manner at The Prostate Clinic.

- ▶ **Prostatitis:** Most common in men between 30 and 50 years of age, this inflammation of the prostate is typically caused by a bacterial infection and responds well to antibiotics. Non-bacterial prostatitis is also common and may have various causes and treatments.
- ▶ **Benign Prostate Hyperplasia:** Also referred to as a benign enlarged prostate, this noncancerous enlargement of the prostate gland is the most common benign tumor found in men. Treatment can range from medication that shrinks the prostate to surgery that prevents the prostate from constricting the urethra.
- ▶ **Prostate Cancer:** One of the most common forms of cancer in men, prostate cancer is also highly treatable if found early. It typically affects men over 50. Available treatments at The Prostate Clinic include radiation therapy, cryotherapy, chemotherapy, hormone treatment, ablative treatments, prostatectomy and more.

Information & Appointments

Medicare, Medicaid and most private insurance plans are accepted. Physician referrals welcome, but not required. For appointments and information, call (941) 917-5400.

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1921 Waldemere St., Ste. 310, Sarasota, FL 34239
(941) 917-5400 • firstphysiciansgroup.com

Prostate Problems? What Are The Signs?

1. Difficult or Painful Urination
2. Weak Flow
3. Inability to Empty Bladder
4. Increased Frequency or Urgency
5. Incontinence

Advanced Treatments Available at The Prostate Clinic

- ▶ MRI Fusion biopsy of the Prostate
- ▶ Holmium Laser Enucleation of Prostate (HoLEP)
- ▶ Transurethral Resection of the Prostate (TURP)
- ▶ Laser PVP Surgery
- ▶ Robotic assisted laparoscopic radical prostatectomy
- ▶ Rezūm Water Vapor Therapy



FIRST PHYSICIANS GROUP
of Sarasota Memorial Health Care System