

# Colon and Rectal Surgery

## Preparation for a Sigmoidoscopy



Your office visit will include a Sigmoidoscopy. This test will help your physician make the best decisions regarding your care.

### **Purchase at the pharmacy:**

- Two (2) FLEET enemas

**There are no dietary or medication restrictions for this procedure. You may eat and drink on the day of your appointment and take medications as normal.**

**Preparation is important and the instructions must be carefully followed.**

### **Two (2) hours prior to your appointment:**

- Administer one (1) FLEET enema
- Wait 30 minutes
- Administer one (1) FLEET enema