



Urology

Urodynamics Instructions

Your doctor has ordered a test called urodynamics to evaluate and document the urinary symptoms/problems that you have described. This test combines several components of the same test to provide computerized information in a graph form about the lower urinary tract. It is sometimes called a pressure/flow study because the test measures pressures created during the filling and emptying process and volumes of fluid as the bladder fills and empties.

Before Your Test

This test takes approximately one hour to complete.

Please arrive 15 minutes early before testing for check in and call 941-917-5400 within 24 hours if you need to change your appointment. Please call the office if you have any questions about this test.

Bladder medications need to be discontinued at least 72 hours before testing. These medications include Detrol, Ditropan, Enablex, Myrbetriq, Toviaz, VESIcare, and the generics called Imipramine, Tofranil, Solifenacin and Oxybutynin. Men will not need to stop any prostate medications. Take all other routine medications. You will not require sedation for this test, but local sedation to the urethral area may be used. Sedation can alter test results. An antibiotic will be provided due to testing.

There are no dietary or activity restrictions for urodynamics. Remember this is a urination test, so try to come to the office with a full bladder or the ability to urinate. It is okay if you cannot hold your urine prior to testing. If you catheterize yourself, do not catheterize just before testing. Requiring a full bladder does not pertain to you if you have an indwelling catheter.

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What To Expect On Test Day

You will be asked to undress from the waist down, sit to empty your bladder on a special commode and results will be measured. You will be placed in lying position for placement of special commode and results will be measured. You will be placed in lying position for placement of special test catheters in your urethra and rectum, surface electrodes on each side of the rectum which are connected to a computer. Once in place you will be allowed to sit. The bladder will be filled slowly with sterile fluid and pressures will be monitored until you feel full. You will be telling the urodynamics specialist what your sensations are as the bladder fills. Then you will be allowed to empty your bladder with catheters in place. The catheters will be removed and the test is complete. Your doctor will review the information and decide on the right treatment plan with you.

You may feel the sensation of the catheter insertion or removal. It could be normal to notice a small amount of bleeding from the catheter, especially if you are on any type of blood thinners. You may have irritation after testing and it is encouraged to drink plenty of fluid after the test.