

# Gynecologic Oncology

## Medications To Prevent/Treat Constipation



- **Colace 100 mg by mouth 2 times per day or Senna 80 mg by mouth 1-2 times per day**

Start out taking this medication twice daily when you get home from surgery; if you have loose stools, stop the medication. If you have no bowel movement for 2-3 days despite this medication, add another medication.

- **Miralax 17 g powder by mouth up to 3 times per day**

Start taking this medication once in the morning. If you have no bowel movement by the evening, take another dose at night. If you have no bowel movement by the next morning, take Miralax 3 times per day. If you still have no bowel movement by the next day, add another medication

- **Dulcolax suppository 10 mg per rectum once per day as needed for constipation**

Place a suppository if you still have not had a bowel movement after the above medications. If you do not have a bowel movement after the suppository, try another medication.

- **Magnesium citrate 240 mL by mouth one time**

Constipation is normal after surgery, but if you have nausea, vomiting, fevers, inability to tolerate food or liquids, severe pain, or other acute problems associated with constipation, call your doctor immediately! If you have not had a bowel movement despite these medications, call your doctor.



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