

Gynecologic Oncology Bowel Preparation For Your Surgery



Purchase over the counter at the pharmacy:

Bisacodyl 5 mg tablets

Miralax 8.3 oz bottle (238 grams)

These prescriptions will be sent electronically to your pharmacy for you to pick up:

Erythromycin 500 mg tablets

Metronidazole 500 mg tablets

Instructions for the day before your surgery

1:00 pm	Take 4 Bisacodyl tablets by mouth (do not chew or break)
2:00 pm	Mix the entire 8.3 oz bottle of Miralax with 2 liters (8 cups) of any clear liquid. Shake the bottle and store it in the fridge if desired.
3:00 pm	Take 2 Erythromycin tablets Take 1 Metronidazole table
4:00 pm	Start drinking the Miralax mixture – drink 1 cup every 15 minutes until gone. You should drink the entire 8 cups in 2 hours. When you start drinking the mixture – Take 2 Erythromycin tablets Take 1 Metronidazole tablet
10:00 pm	Take 2 Erythromycin tablets Take 1 Metronidazole tablet
Midnight	Nothing to eat or drink



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