

**Are you looking  
for services for  
seniors living in  
Sarasota County?**

**As a person needing  
assistance or as a  
caregiver, are you  
unsure where to go  
for help and support?**

**Senior Choices - Area Agency on  
Aging for Southwest Florida  
866-413-5337**

Senior Choices, a government funded non-profit agency, operates an Elder Helpline (1-866-413-5337 or 1-800-96ELDER) where trained information specialists help people connect with public, non-profit and for-profit long term care and medical services and programs, including Medicaid. SWAAA has an extensive on-line services database at: [www.aaaswfl.org/inforesources.html](http://www.aaaswfl.org/inforesources.html)

**United Way 2-1-1 Manasota 211  
or 941-308-4357**

United Way 2-1-1 connects people to information about health and human services available in their community. Information is accessible by either calling 211 or visiting their web site at: [www.uw211manasota.net/](http://www.uw211manasota.net/)

*You are not alone!*

An important need for seniors and their families is easy access to accurate and comprehensive information on the availability of support services.

At the same time, people are often not sure where to go to get the information and guidance they need to make informed decisions.

The following is a list of information and referral services available in Sarasota County to assist seniors and their families connect with needed services.

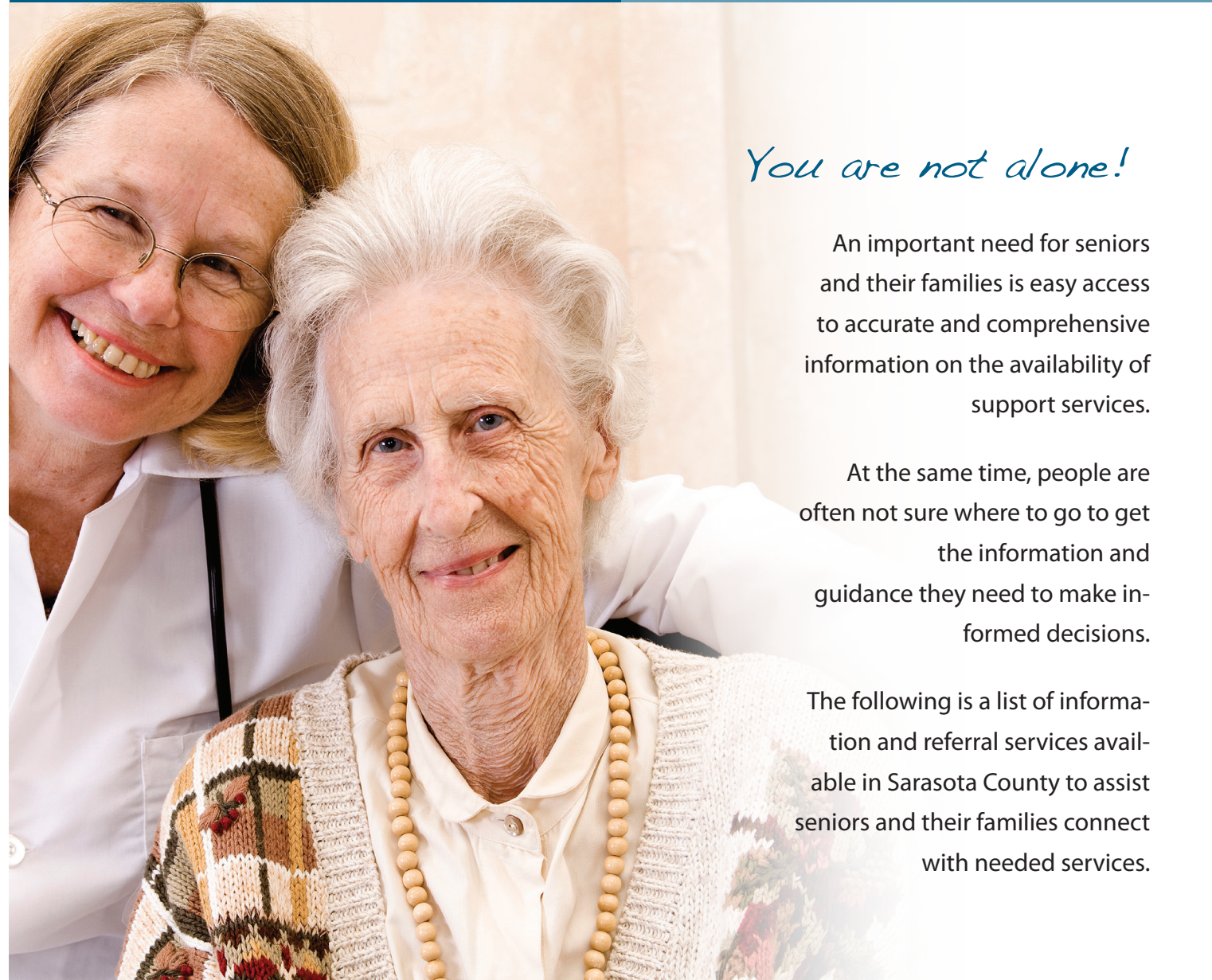


This information was compiled in 2011 by the Healthcare Workgroup of Sarasota County, an affiliate of SCOPE.

Contact us at  
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**AAUW: Lifestyle Choices for Seniors**

The American Association of University Women periodically publishes “Lifestyle Choices for Seniors”, a guide for elder care residences and services in Sarasota County. The publication is distributed free of charge throughout the community.  
[www.florida-aauw.org/Branches/sarasota.htm](http://www.florida-aauw.org/Branches/sarasota.htm)

**Alzheimer’s Association (AA)  
941-365-8883**

AA has numerous resources in support of individuals with Alzheimer’s disease and their caregivers. [www.alz.org/flgulfcoast/](http://www.alz.org/flgulfcoast/)

**Cancer Support Community (CSC)  
941-921-5539**

CSC is a national non-profit organization providing support, education and hope to people with cancer and their loved ones. Programs include support groups, educational workshops and mind/body/spirit classes.  
[www.CancerSupportSuncoast.org](http://www.CancerSupportSuncoast.org)

**Community Center for the Deaf & Hard of Hearing (CCDHH) 941-366-0260 V/TTY**  
CCDHH, a non-profit organization, offers a wide range of services and programs for deaf, hard of hearing, late deafened, deaf blind, speech impaired, and hearing individuals.  
<http://www.ccdhh.org>

**Community Health Improvement Partnership**  
CHIP provides information to local residents through touch-screen kiosks located at all Sarasota County libraries and the Senior Friendship Center in Sarasota. The “healthy living” page can also be reached at:  
[www.chip4health.org](http://www.chip4health.org).

**JFCS 941-366-2224**  
JFCS, <http://www.jfcs-cares.org/>, is a non-profit organization offering behavioral health and supportive services to people 50+ and caregivers. JFCS helps people secure needed supports and has a caregiver helpline (941-364-7560) and a website for all things related to caregiving. [www.caregivernetworksrq.org](http://www.caregivernetworksrq.org)

**Lighthouse of Manasota 941-359-1404**  
Lighthouse of Manasota is a nationally accredited, non-profit agency offering free education, support and motivation to all people with vision loss or blindness. <http://www.lighthouseofmanasota.org>

**Pines Education Institute of S.W. Florida (PEI)  
941-365-0250 x 1114**  
PEI provides education programs and resources to family members and caregivers who are involved in the care of Alzheimer’s and dementia patients. Training DVDs on Dementia and other geriatric subjects are available on our website at: [www.pinesofsarasota.org/education-institute](http://www.pinesofsarasota.org/education-institute)

**Sarasota County Health Department (SCHD)  
941-861-2900**  
SCHD provides a variety of services and programs that assist seniors in meeting their medical and long term care needs. [www.sarasotahealth.org/healthcenters/shca.htm](http://www.sarasotahealth.org/healthcenters/shca.htm)

**Sarasota County Library System (SCLS)  
941-861-5000**  
The Sarasota Libraries provide information in person, by phone, and online at [www.sclibs.net](http://www.sclibs.net). Aging resources include selected web links for Seniors, <http://sclibs.net/Seniors/Seniors.aspx>; databases to find articles and news, <http://sclibs.net/resources.aspx>; community information and referral, <http://sclibs.net/Community.aspx>; and “Ask a Librarian,” [www.askalibrarian.org/sarasota](http://www.askalibrarian.org/sarasota), for personalized assistance.

**Sarasota Memorial Hospital Memory Disorder Clinic (SMHMDC) 941-917-7197**  
SMHMDC provides expert diagnostic services to individuals and support and education for caregivers. It also helps people connect with services available in the community.  
<http://www.smh.com/memory>

**SCAN (Sarasota County Aging Network) Directory**  
SCAN Directory of services is tailored to the needs of Sarasota’s older citizens and is supported entirely by advertising. The Directory is widely available at no charge throughout the community, by request and on-line at: [www.scandirectory.org/](http://www.scandirectory.org/)

**Senior Friendship Centers 941-955-2122**  
SFC is a non-profit network of centers in Southwest Florida providing comprehensive services to help older adults live with dignity and independence, including caregiver services, healthcare, in-home service coordination, senior centers, and volunteerism. Elder specialists are available to provide assistance.  
<http://www.friendshipcenters.org/Services.aspx>

**Senior Living Guide (SLG) 888-604-8433**  
SLG is a publication that provides information on a variety of senior housing and support services in Sarasota County. SLG, a for-profit venture, is available throughout the community, by request and online at: [www.seniorlivingguide.com/](http://www.seniorlivingguide.com/)

**SHINE (Serving Health Insurance Needs of Elders) 866-413-5337**  
SHINE is a program offered by the Department of Elder Affairs in partnership with Senior Choices of Southwest Florida at no cost. Specially trained volunteers assist with your Medicare, Medicaid, and health insurance questions by providing one-on-one counseling and information.  
<http://www.floridashine.org/>

**Suncoast Center for Independent Living (SCIL) 941-351-9545**  
SCIL helps people with disabilities maintain their independence and provides a variety of services including medical equipment loans, ramp building, advocacy and independent living skills training. [www.scil4u.org](http://www.scil4u.org)

**Tidewell 941-894-1777**  
Tidewell provides hospice and palliative care including expert pain and symptom management for patients with advanced illness and emotional support for patients and their loved ones. Tidewell also provides CHAP accredited home health services under the name “Approved Home Health”. [www.tidewell.org](http://www.tidewell.org)

**Veterans Services, Sarasota County 941-861-2899**  
Veterans Services provides assistance to veterans and spouses in gaining access to needed medical and long term care services.  
<http://scgov.net/humanservices/veterans.asp>

**Women’s Resource Center of Sarasota County (WRCSC) 941-366-1700**  
WRCSC is a non-profit organization that provides assistance in linking women with needed resources and services. Individual support and training is available.  
[www.thewomensresourcecenter.org](http://www.thewomensresourcecenter.org)